

SUMMER PROGRAM July in NYC

5-Day Workshop with Ragnar



"Creative work wants the unexpected, not for its own sake, but rather for those sudden emerging moments that, when they occur, seem absolutely right and inevitable." *Michael Howard*

When

July 6-10, 2026

Schedule

Monday – Friday 1-3:50pm (14 hours total)

Where

East Village NYC

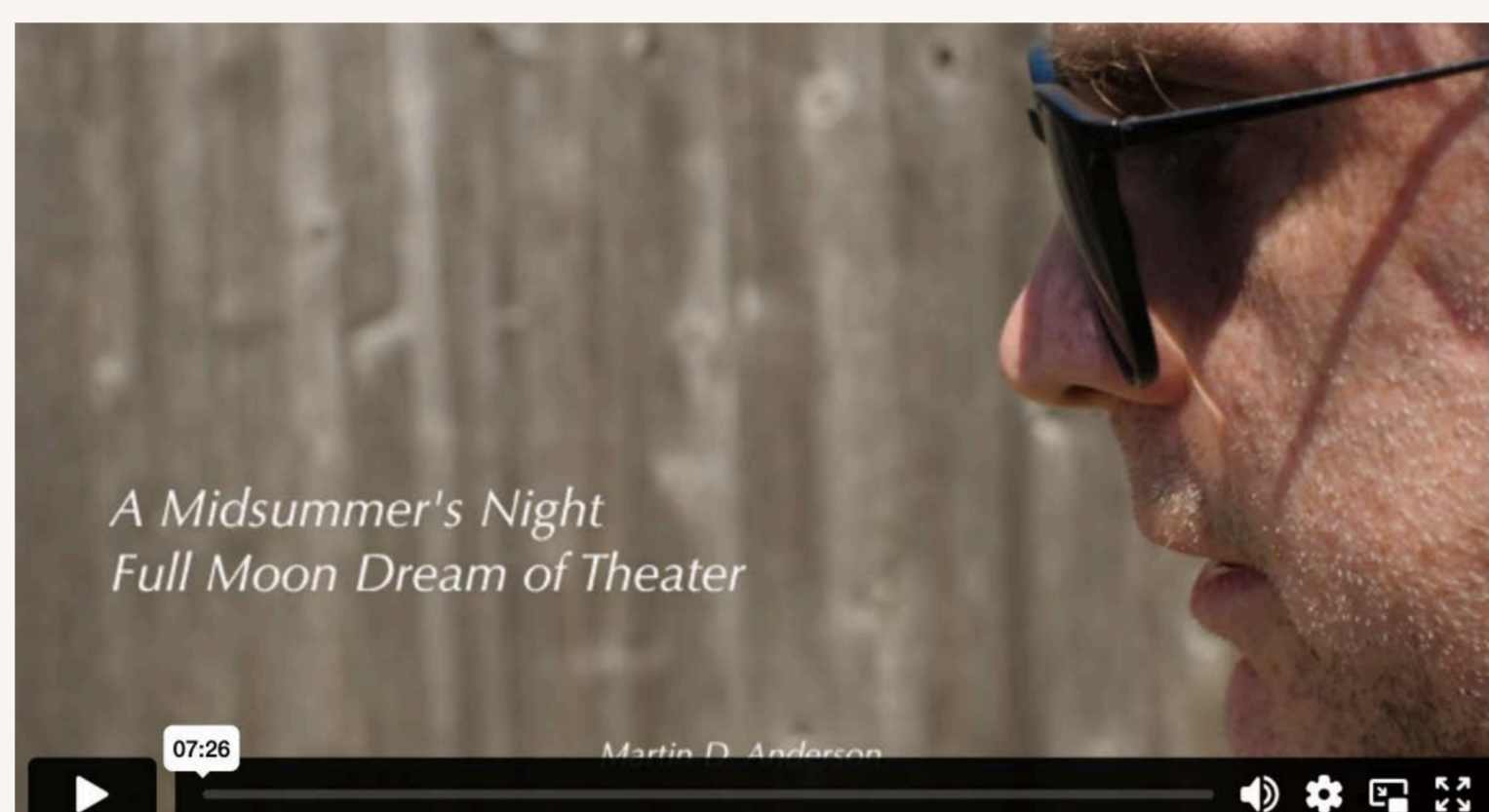
Cost

Tuition is \$480

This workshop

proposes that all your feelings towards the material are important. Entertaining some of *Michael Chekhov's* suggestions, we develop skills to unfold our initial reactions. Your response to each moment is the path along which we are approaching your scenes, allowing life & meaning to emerge in the process.

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by **Martin D. Anderson**

"This is an expression that came out of my participation in a weeklong acting workshop called *The Theater of Now/ART LIFE*, conceived and led by Ragnar Freidank, at La Mama Studios in NYC. It is also informed by 20 years of studying and working with Ragnar. It was first drafted on the evening of the full moon July 10th, 2025, on the MetroNorth Hudson line, just before the last day of the workshop."

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